

# What is the SHARP survey?



The Student Health and Risk Prevention (SHARP) survey is conducted by the Utah Department of Health & Human Services every other year. It's given to Utah students in 6th through 12th grades. It's anonymous and asks questions about physical, social, and mental health; substance use; social connections; basic demographics; risky or harmful behaviors—and what protects kids from these things.

Learn more at [sharp.utah.gov](https://sharp.utah.gov).



# SHARP is confidential, voluntary and important.

The SHARP survey is confidential and nothing your child reports can be linked to them or your family. Your child's participation in the survey is completely voluntary and requires your permission. The survey takes about 30-45 minutes and the questions your child gets depend on the grade they are in. The SHARP survey has provided insight into things affecting our kids for more than 20 years. It helps parents know what to talk about with their kids. It also helps schools, teachers, parents, public health and community leaders work together to help Utah students. Your participation helps us spot growing concerns, like increases in mental health needs or vaping, and craft effective solutions.

Learn more at [sharp.utah.gov](https://sharp.utah.gov).