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Utah Student Health and Risk Prevention (SHARP) Prevention Needs Assessment Survey (PNA)

Thank you for taking this survey. We want to understal school, health behaviors, and the types of challenges help students for more than 20 years.	nd how you feel about your community, family, peers, you face. Information from this survey has been used to
You don't have to take the survey if you don't want to. your name on the questionnaire.	The survey is voluntary and anonymous. DO NOT put
	ere isn't an answer that fits exactly. Leave any questions they mean. You can skip any questions you don't want to
4. This is not a test. There are no right or wrong answers	a. Try to work as quickly as you can, so you can finish.
 Only use a #2 PENCIL. Ask for a #2 pencil if you don't question you answer. 	t have one. Fill in the whole circle (or circles) on each
6. Please fill in the following information with the hel	p of your teacher/survey assistant.
School 0 0 0 Charter C School District: School School DE Letter: F G G G G G G G G G G G G G G G G G G	0 0 0 0 What is the ZIP 0 0 0 0 0 55 1 1 1 1 0 Code where you live? 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
 How old are you? 13 or younger 16 18 or older What grade are you in? 8th 9th 10th 11th 12th 	7. Think of where you live most of the time. Which of the following people live there with you? (Mark ALL that apply.) Mother Grandparent(s) Stepbrother(s) Stepmother Aunt Sister(s) Father Uncle Stepsister(s) Stepfather Other Adult(s) Foster Parent(s) Brother(s) Children
3. What is your race? (Mark ALL that apply.)	8. Think of the adults you live with. What is the highest level of schooling any of them completed?
American Indian or Alaska NativeAsian	Completed grade school Completed college or less
Black or African American Hispanic or Latino Native Hawaiian or Other Pacific Islander White	Some high school Completed high school Some college Output Don't know Some college Does not apply
4. Are you: Male Female	9. Think back over the last two weeks. If any, how many times have you had five or more alcoholic drinks in a row?
5. Some people describe themselves as transgender when their sex at birth does not match the way they think or feel about their gender. Are you transgender?	○ None 3-5 times ○ Once 6-9 times ○ Twice 10 or more times
 No, I am not transgender Yes, I am transgender I am not sure if I am transgender I do not know what this question is asking 	10. How frequently (if ever) have you smoked cigarettes during the past 30 days?
6. Which of the following best describe you?	Less than one cigarette per day One to five cigarettes per day About one-half pack per day

Heterosexual (straight)
Gay or lesbian

Bisexual
About one pack per day
About one and one-half packs per day
Two packs or more per day
PLEASE NOTE: School Districts had the **option** to include questions **5** and **6** above for the 8th/10th/12th
grades only. Not all districts are including these questions in their SHARP Survey Administration. If you have
any questions about whether your district is including or excluding these questions, please reach out to your
school district or to SHARPSupport@bach-harrison.com

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								or 15	old 16	er		13. During the past 30 days on how many occasions	39 C	Эс	cas		_	S
	If ever, how old were you when you first:			11	12	13	14					(if any) have you: 6-9 Occ 3-5 Occasions 1-2 Occasions 0 Occasions	asi ons	on				
	10 or you Nev		er									a. had beer, wine, or hard liquor to drink?	>			0	0	0
a.	used marijuana (grass, pot, cannabis, weed) or hashish (hash, hash oil)?	C				0	0	0	0		0	b. used marijuana (grass, pot, cannabis, weed) or hashish (hash, hash oil)?			0	0	0	0
b.	smoked a cigarette, even just a puff?	С				0	0	0	0		\supset	c. used LSD (acid) or other hallucinogens (like PCP, mescaline,					$\overline{}$	
C.	used a vape product (e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)?	C				0	0	0			0	"shrooms" or psilocybin)? d. sniffed glue, breathed the contents of an aerosol spray can, or inhaled						_
d.	had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or tequila)?	C				0	0	0	0		\supset	other gases or sprays, in order to get high? e. used phenoxydine (pox, px, breeze)?			0	0	0	0
e.	began drinking alcoholic beverages regularly, that is, at least once or twice a month?	C					0	0	0		<u> </u>	f. used prescription stimulants or amphetamines (such as Adderall, Ritalin, or Dexedrine) without a doctor telling you to take them?			0	0	0	0
f.	sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays, in order to get high?	C					0	0	0		\supset	g. used narcotic prescription drugs (such as OxyContin, methadone, morphine, codeine, Demerol,				0	0	_ O
g.	used LSD (acid) or other hallucinogens (like PCP, mescaline, "shrooms" or psilocybin)?	С				0	0	0	0		\supset	Vicodin, Percocet) without a doctor telling you to take them? h. used steroids or anabolic steroids (such as Anadrol, Oxandrin, Durabolin, Equipoise or						
h.	used phenoxydine (pox, px, breeze)?	C					0	0	0		\supset	Depotesterone)?						
i.	used prescription stimulants or amphetamines (such as Adderall, Ritalin, or Dexedrine) without a doctor telling you to take them?	С		C		0	0	0	0		\supset	in other ways) if they:	Mod Slig No	ght	ate ris	eat ris k	_	k
j.	used narcotic prescription drugs (such as OxyContin,											a. smoke one or more packs of cigarettes per day?		(0		0	0
	methadone, morphine, codeine, Demerol, Vicodin,	C					0	0	0		기	b. try marijuana once or twice?		(0	0
	Percocet) without a doctor telling you to take them?											c. smoke marijuana regularly?		(0	0	0
k.	got suspended from school?	C			C	0	0	0	0		0	d. take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	у	(0	0
l.	got arrested?	C					0	0							\exists	\exists		_
m	. carried a handgun?	C			C	0	0	0	0		\supset	e. have five or more drinks of an alcoholic beverage once or twice each weekend?		(
n.	attacked someone with the idea of seriously hurting them?	С					0	0	0		\supset	f. have five or more drinks of an alcoholic beverage once or twice a week?		(0	0
											_	g. smoke marijuana once or twice a week?		(0		0	0
	On how many occasions (if an alcoholic beverages (beer, wir drink in your lifetime more t	ıe,	or	ha	rd	liqu	or)) to)			h. use prescription drugs that are not prescribed to them?		(0	0	0	0
	○0 Occasions		10)-19	0	cca	sioi	ns				i. smoke 1-5 cigarettes per day?		(0	$\overline{\bigcirc}$
	1-2 Occasions3-5 Occasions6-9 Occasions					cca						j. use vape products such as e-cigarettes, vape pens, mods, or pod vapes like JUUL		(0	0	0	0



	If ever, how many times in the past year (12 months)		20 to	0 to 3	mes	 	1		parents/caregivers feel it	Vro i	vroi			
		6 to 5 ti	9 tim	time: ies	5			a.	drink beer, wine, or hard liquor (for example, vodka, whiskey, or tequila) regularly?					77 76 75
	Nev							b.	smoke cigarettes?			0	0	70
_	been suspended from school?							С.	smoke marijuana?			0	0	72
_	carried a handgun?							d.	steal something worth more than \$5?	0		0	0	69
_	sold illegal drugs? stolen or tried to steal a motor vehicle such as a car	0							draw graffiti, write things, or draw pictures on buildings or other property (without the owner's permission)?	0		0	0	66 65 64
_	or motorcycle?							f.	pick a fight with someone?	0		0	0	62
е.	participated in clubs, organizations or activities at school?								have one or two drinks of an alcoholic	0		0	0	02
f.	been arrested?	0							beverage nearly every day?					59 58
g.	done extra work on your own for school?	0						i. L	use prescription drugs not prescribed to you? use vape products such as e-cigarettes,					55
h.	attacked someone with the idea of seriously hurting them?	0	00		00				vape pens, mods, or pod vapes like JUUL or Puff Bars?					54
i.	been drunk or high at school?	0												51
j.	volunteered to do community service?	0	0		00		1:	i	adults (over 21) in your A little	wro bit w Vroi	vroi		all	50 49 48 47
k.	taken a handgun to school?	0							neighborhood think it is for kids your age:					46
16.	How wrong do you think it is for someone your age to:		A lit	Not w tle bi Wi wron	t wro			b.	to use marijuana? to drink alcohol? to smoke cigarettes?	0 0			0 0	43
a.	take a handgun to school?			(_	to use e-cigarettes, vape pens, mods, or					
b.	steal anything worth more than \$5?	?		(u. 	pod vapes like JUUL or Puff Bars?					36
C.	pick a fight with someone?			- (
_	attack someone with the idea of seriously hurting them?			-			2	1	drink alcohol at any of the following places? (Mark the	r mo	tim		s	32
e.	stay away from school all day wher parents/caregivers think they are a			?					number of times for each.) 0 tim					30 29
f.	drink beer, wine, or hard liquor (for vodka, whiskey, or tequila) regularl	exa y?	mple	∍,	00			_	a. At my home or someone else's home without any parent/caregiver permission	0		0	0	26
g.	smoke cigarettes?							b	 At my home with my parents/caregivers' permission 					24
h.	smoke marijuana?			(00			C	c. At someone else's home with their parents/caregivers' permission	0		0	0	
i.	use LSD, cocaine, amphetamines, or another illegal drug?							d	d. In a car				0	20
								e	e. At or near school				0	17
	How wrong do your friends feel it would be for YOU to:	\	A lit	Not w tle bit Wi wron	t wro			f.	. Someplace outside of town (for example, on public lands, in the desert, in a campground, etc.)	0		0	0	15
a.	have one or two drinks of an alcoholoeverage nearly every day?	olic						9	g. In another place	0				
b.	smoke tobacco?			(00		2	21.	Have you ever belonged to a gang?					8
C.	smoke marijuana?			(00				○ No					7
d.	use prescription drugs not prescrib	ed t	o yoı	u?	00				No, but would like to Yes, but would yes, in the past get out	a lik	e to	0		4

SFRIAL

and drugs.

drugs?

O No

containing nicotine that slowly dissolve in the

mouth such as Velo or Rogué)?



Definitely Ye Somewhat Yes Somewhat No Definitely No	55. During the past 30 days, on how many days (if any) did you NOT go to school because you felt you would be unsafe at school or on your way to or from school?
41. In my school, students have lots of chances to help decide things like class activities and rules.	O days
42. Teachers ask me to work on special classroom projects.	56. How safe do you feel in each of the following areas at Somewhat safe
43. My teachers notice when I am doing a good job and let me know about it.	your school (before and after school)? Somewhat unsafe Very unsafe
44. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	a. Playgrounds or fields b. Lunchroom/Cafeteria
45. There are lots of chances for students in my school to talk with a teacher one-on-one.	c. Classrooms
46. I feel safe at my school.	d. Bathrooms
47. The school lets my parents/caregivers know when I have done something well.	e. Parking lots f. Stairs and hallways
48. My teachers praise me when I work hard in school.	g. On the school bus
grades of most students in your class?	57. How worried, if at all, are you about the possibility of each of the following things happening at your school? a. Getting bullied
	b. Gun violence or active shooter situation
51. Now thinking back over the Almost alway	s B. Guit violence of active shooter situation
past year in school, how often did you: Often Sometimes Seldom	c. Suicide by a student d. Gang activity
Never	e. Students using alcohol or drugs
a. enjoy being in school?	f. Earthquake/Fire
b. hate being in school?	
c. try to do your best work in school? 52. How often do you feel that the school work you are assigned is meaningful	Definitely Yes Somewhat Yes Somewhat No Definitely No
and important?	58. My parents/caregivers expect me to eat dinner at home with my family.
53. During the past 12 months, how often (if at all) have you been picked on or bullied by a student ON	59. People in my family often insult or yell at each other.
SCHOOL PROPERTY? O days O days O days O for more days	60. We argue about the same things in my family over and over.
2 or 3 days	61. People in my family have serious arguments.
54. During the LAST FOUR WEEKS, how many (if any) whole days of school have you missed because you skipped or "cut"?	62. My parents/caregivers have set clear rules and expectations with me about NOT drinking ANY alcohol.
None 4-5 days 1 day 6-10 days 2 days 11 or more days 3 days	63. During a typical week, how many days do all or most of your family eat at least one meal together? 0 days 1 day 5 days
	2 days 6 days 3 days All 7 days



79 78	 64. This past year, did you experience any of the following? (Mark ALL that apply.) One or more people living in my home lost their job 	72. During the past 12 months, did you ever fee hopeless almost every day for two weeks or row that you stopped doing some usual acti	r mo	re	in a
78 77 76 75 74	 I moved or changed homes Skipped one or more meals because my family didn't have enough money to buy food I had difficulty keeping up with schoolwork because I 	○ No			
72	didn't have access to a reliable computer or internet service	73. During the past 12 months, did you ever ser	iou	sly	
71	 I did not have a quiet place at home to study None of these 	consider attempting suicide? No Yes			
69 68	- Notice of those	- 100			
67					
71 70 69 68 67 66 65	None of the time 65. During the past 30 days, A little of the time	74. During the past 12 months, did you make a how you would attempt suicide?	plar	ı al	bout
63	how often did you: Some of the time Most of the time	○ No			
62	All of the time				
60	a. feel nervous?				
57	b. feel hopeless?	75. During the past 12 months, how many times did you actually attempt suicide?	if (if	an	y)
56	c. feel restless or fidgety?	0 times 4 to 5 times 6 or more tin	200		
54 53 52	d. feel so depressed that nothing could cheer you up?	2 to 3 times	100		
	e. feel that everything was an effort?				
49	f. feel worthless?	76. If you have ever tried a tobacco product, wh did you try first?	ich	on	е
47		 I have never tried any tobacco product 			
47 46 45	Always	CigarettesCigars, cigarillos, or little cigars			
43	Often Often	 Tobacco in a hookah or waterpipe Vape products such as e-cigarettes, vape products 	oens	s. n	nods
41	I have felt: Rarely	or pod vapes like JUUL or Puff Bars Chewing tobacco, snuff, or dip		-,	
39	a. left out.	Nicotine pouches like Zyn, On, or Velo Other			
		Nicotine lozenges such as Velo or Rogue			
36	b. that people barely know me.				
34	c. isolated from others.	Defi Somewh			
32	d. that people are around me but not with me.	Somewhat	t No	_	
31		77. Do you think you will smoke a cigarette at) 		
29	Definitely Yes	any time during the next year?			
25	Somewhat Yes Somewhat No Definitely No	78. If one of your best friends offered you a cigarette, would you smoke it?			
	67. Sometimes, I think that life is not worth it.	79. Do you think people can get addicted to			
24 23 22 21 20	68. At times, I think I am no good at all.	nicotine just like they can get addicted to using cocaine or heroin?			
20	69. All in all, I am inclined to think that I am a failure.	80. Do you think the smoke from other people's cigarettes is harmful to you?			
15 14 13	70. In the past year, have you felt depressed or sad MOST days, even if you felt okay sometimes?	81. Do you think that people can get addicted to vape products (e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)?			
8	71. In the past 12 months, have you ever done something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself	82. Do you think you will use a vape product such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars at any time during the next year?			
7 6 5	on purpose? If so, how many times did you do so? 0 times 1 time 6 or more times 2 or 3 times	83. If one of your best friends offered you a vape product such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars, would you use it?			



84. If you smoked cigarettes or used vape products in the past 30 days, how did you usually get your own	91. During the past 30 days, how did you use marijuana? (Mark ALL that apply.)
cigarettes or vape products? (CHOOSÉ ONLY ONE ANSWER FOR EACH	O I did not use marijuana during the past 30 days
TOBACCO TYPE.) Regular cigarettes Vape products	I smoked it I ate it (in an edible, candy, tincture or other food) I used a vaporizer
I did not use cigarettes or vape products (e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars) in the past 30 days.	O I dabbed it O I used it in some other way 73 72 71 92 During the past 7 days on how many days were you
I bought them in a convenience store, supermarket, discount store, or gas station.	in the same room with someone who was smoking
I bought them at a smoke or vape shop.	cigarettes? O days O so of days O so of days
I bought them on the Internet or social media (such as Facebook, Instagram, or SnapChat).	1 or 2 days 3 or 4 days 65
I gave someone else money to buy them for me.	93. During the past 7 days, on how many days did you
I borrowed (or bummed) them from somebody else.	cigarettes?
A person 18 years old or older gave them to me.	o i di 2 days
I took them from a store or family member.	◯ 3 or 4 days
I got them some other way.	94. Does anyone who lives with you now: (Mark ALL that apply.)
85. During this school year, were you taught in any of your classes about the dangers of tobacco use?	Smoke cigarettes Use vape products (e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars)
○ No	Use other tobacco productsNo one lives with me now who uses any form of tobacco
86. Do you think that you will try a cigarette soon?	95. In the past 30 days, how often have you seen or heard any advertising or campaigns against smoking?
I have already tried smoking cigarettes.	any advertising or campaigns against smoking? Never Often
○ No	Rarely Very often Sometimes
87. If you used vape products in the past 30 days, such as e-cigarettes, vape pens, mods, or pod vapes like JUUL or Puff Bars, what flavor did you use most often?	96. During the past 12 months, have you talked with at least one of your parents/caregivers about the dangers of tobacco, alcohol, or drug use? (Mark ALL that apply.)
 I have never used a vape product. Tobacco flavor Mint flavor Menthol flavor 	least one of your parents/caregivers about the dangers of tobacco, alcohol, or drug use? (Mark ALL that apply.) No Yes, alcohol use Yes, drug use
Sweet, alcohol, or other flavor	97. During the past year (12 months), how often have you
	talked with at least one of your parents/caregivers about the rules and expectations of NO alcohol use?
88. If you smoked during the past 12 months, did you ever stop smoking for one day or longer because you were	At least once a month
trying to quit smoking?	Every 2 to 3 monthsEvery 4 to 6 months
☐ I have not smoked in the past 12 months.☐ Yes☐ No	A few times in the past year Talked, but not in the past year Never
89. Do you usually vape with nicotine, without nicotine, or both?	98. In a typical week, how many days do you walk, ride your bike or scooter (non-motorized), or skateboard to and from school? No days 19 19 18 17 16 15 16 15
☐ I have never vaped☐ With nicotine	○ No days ○ 1 ○ 2 ○ 3 ○ 4 ○ 5 16 15
Without nicotine	99. During the past 7 days, on how many days were you
Both with and without nicotineNot sure	physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and
90. How much do you want to stop vaping?	made you breathe hard some of the time.)
○ I do not vape now ○ Somewhat	O 1 day O 5 days
○ Not at all○ A lot○ A little	2 days 6 days 5 days 5 days 5

Yes	11
ever fold you that you	
222	
nths, did you have an an asthma attack?	
, or asthma management plan, ons about when to change the licine, when to call the doctor to go to the emergency room. nealth professional EVER thma action plan?	11
○ No ○ Not sure	11
nths, about how many days of ecause of your asthma?	
4 to 9 days10 to 12 days13 or more days	
,	11
nealth professional EVER given care plan to help manage your	
_	
○ No ○ Not Sure	
o Not Suic	11
nths, about how many days of	
<u>-</u>	
10 to 12 days	
13 or more days	
109, write your height and es and fill in the matching each number.	a
	1
109. How much do you weigh without your shoes on?	
pounds	
	11
000	
122	
(2)(3)(3) (3)(4)(4)	
5 5	
(6) (6) (7) (7)	
88	
	11
r a seat belt when riding in a	
e else?	
else? Most of the time Always	
	ever told you that you na? nths, did you have an an asthma attack? nor asthma management plan, ons about when to change the licine, when to call the doctor to go to the emergency room. In the licine, when to call the doctor to go to the emergency room. In the licine, when to call the doctor to go to the emergency room. In the licine, when to call the doctor to go to the emergency room. In the licine, when to call the doctor to go to the emergency room. In this, about how many days of the licine, when the licine, when the licine, when the licine, when to add the licine, when to call the doctor to go to the emergency room. No Not sure In this, about how many days of the licine, about how many days of the licine, when to all the licine, when to change the licine, when the lici

111. During the past 30 day vehicle when you wer on how many days?	ys, did you drive a car or other e talking on a cell phone? If so,
 I did not drive a car o 	or other vehicle during the
past 30 days	0 6 to 9 days 10 to 10 days
1 or 2 days	20 to 29 days
past 30 days 0 days 1 or 2 days 3 to 5 days	○ All 30 days ²
vehicle when you had how many times?	ys, did you drive a car or other been drinking alcohol? If so,
I do not drive. 0 times	2 or 3 times
0 times	4 or 5 times
1 time	6 or more times
113. During the past 30 day driving a car or other days?	ys, did you text or e-mail while vehicle? If so, on how many
 I did not drive a car o 	or other vehicle during the
past 30 days	6 to 9 days10 to 10 days
1 or 2 days	20 to 29 days
past 30 days 0 days 1 or 2 days 3 to 5 days	All 30 days
114. How are guns and bul	•
We don't have any gUnlocked and in plai	juns or bullets
Official and in plai	ut I know how to access them
 Locked or hidden, ar 	nd I DON'T know how to
access them	
O Don't know	
115. Which is your religiou ONE religion with whi	s preference? (Choose the ch you identify the most.)
Catholic	O Protestant (such as Baptists,
Jewish	Presbyterians, or Lutherans) Another religion
LDS (Mormon)	O No religious preference
related to school or hom about the time you spend games, computers, har	tions about screen time not nework. These questions ask on a cell or smartphone, video ndheld video game players, s not for school or homework.
You can choose more	
Cell phone or smart p	onone
Laptop or desktop	
Video game console	
○ Tablet ○ Smartwatch	
VR	
117. How often do you che	ck your phone when you're ol?
Every 5 minutes or leEvery 6-15 minutes	ess
 Every half hour to ho 	our
Every 2-4 hoursEvery 4+ hours	
U EVELV 4T HOUS	



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/	

118. What rules does your family have about screen time? You can choose more than one. Content you can't look at (like websites or videos) Places you can't use it Apps you can't use it Total time limits None of these, but we have other rules No rules about screen time 119. How often do your parents/caregivers enforce or make you follow rules about screen time? Always Often Sometimes Rarely Never	 123. During the past 12 months, how often (if at all) have you been threatened or harassed over the internet, by email, or by someone using a cell phone? O days O days O days O days O days O or 3 days O or 5 days O or more days 124. How honest were you in filling out this survey? O I was very honest. O I was honest most of the time. O I was honest some of the time. O I was honest once in a while. O I was not honest at all. 									
120. Do you think your screen Helps a lot	Thank you for completing the survey									
time helps or gets in the way of the following: Gets in the way a little Gets in the way a lot a. Sleep										
b. Time spent with family	Responses									
c. Schoolwork and homework	Extra Questions									
d. Physical exercise e. Time spent with friends	Start with 201 201. 000000000000000000000000000000									
e. Time spent with ments	203.									
404 B	204.									
121. Do you think social media (examples include YouTube, Instagram, Snapchat, or TikTok) makes each of the following better	205.									
the following better or worse? A lot better A little better Neither better nor worse	206.									
A little worse A lot worse	207.									
a. How you feel about your body	208.									
b. Grades in school	209.									
c. Family relationships	210.									
d. Friend relationships	211. OOOOOOO									
	213.									
122. On an average school day, how many hours do you	214.									
use an electronic device for something that is not school work? (Count time spent on things such as	215.									
Xbox, PlayStation, texting, watching TV or a steaming service, YouTube, Instagram, Snapchat, TikTok or	216.									
other social media.) Less than 1 hour per day	217.									
1 hour per day 2 hours per day	218.									
3 hours per day4 hours per day	219.									
○ 5 or more hours per day	220.									
Bach Harrison, L.L.C. bach-harrison.com										